

“Carla’s coaching was the conduit for me to take back control and change my life. She helped me realise that the only person holding me back was me. That the only person who could change my life was me.”

Lucy Thompson HR Consultant .



Carla Wise

Location: United Kingdom.

Languages: English.

All the expertise: Coach, Facilitator.

My best story

“As I looked at the scrap of paper found in my wallet, with the seemingly unlikely goals I had set myself 5 years ago, I realised all of them had come to fruition. What else was possible...”

Overview

Carla is an ICF accredited coach and a dramatherapist with over 15 years’ experience working with individuals, leaders and teams in both the private and public sectors. She works with clients in business, and personally, to find creative ways to approach challenges, constantly encouraging exploration of different perspectives and has a proven track record of motivating and supporting people to achieve their goals.

Areas of Expertise

- Executive coaching
- Performance management
- Leadership development
- Presenting and public speaking
- Development planning
- Working with change and loss

Licence to Practice

Prior to her coaching and dramatherapy career, Carla was responsible for Learning and Development for the Europe Eurasia region of Hess Corporation. Highlights included co-devising the Global Leadership and Career Development Programmes for both retail, corporate and up-stream businesses, and co-ordinating a coaching programmes for managers and employees that was rolled out across the region, alongside numerous team building events to help improve communication and cohesion.

- AoEC Advanced Diploma of Executive Coaching
- Roehampton University MA Dramatherapy
- BA Dramatic Studies, Royal Scottish Academy of Music & Drama
- Certified for Belbin Team Roles, MBTI Step I & II, Voices © 360 Feedback, 16PF

Satisfied clients, include

New Look, NHS, Calderdale District Council, Eggborough Power Station, Harrogate Theatre and Hess Corporation.

Three words that describe me

Innovative | Supportive | Insightful