

“Liz has a friendly, personable and direct coaching style. Her encouragement and support allowed me to explore the insights I had....helping me move forward.”

Private Coachee



Liz Beck

Location: United Kingdom.

Languages: English.

All the expertise: Coach, Trainer.

My best story

“After 20 years, I opened the door to the stable and saw her face and smelt that smell. She couldn’t speak words to me; nor I to her. So how was this going to work....?”

Overview

Liz’s passion and expertise lies in supporting businesses and individuals grow, improve, remove barriers and achieve success. With a deep understanding of human behaviour in the business context, Liz facilitates thinking and learning to achieve goals, often through periods of change.

Areas of Expertise

- Executive coaching
- Strategic planning
- Creating a performance culture
- Management development
- Leadership skills
- Change management
- Organisational design

Licence to Practice

With a corporate career in Pharmaceuticals, Beauty Retail and Manufacturing, Liz is famous for delivering with energy, fun and ethics. Having worked in a variety of commercial HR roles, she has a strong portfolio of experience from people strategy to employment law and relations .

- Fellow of the CIPD
- Post Graduate Trained Executive Coach and holds the British Psychological Society (BPS) Level A and B Certificate in Occupational Testing.
- MBTI and DISC trained and certified
- Member of the International Coaching Federation (ICF)

Satisfied clients, include

Liz has worked extensively in Retail, FMCG, Education, Leisure and Hospitality and Service environments. Starbucks, Hugo Boss, River Island, YMCA, Novartis.

Three words that describe me

Determined | Curious | Committed