

""Ilaria consistently achieves to make you leverage your resources. I found working with Ilaria left me better prepared for outcome-oriented solutioning while maintaining strategic focus."

Michael Dillier, Novartis IT Business Partner for Procurement Operations.



# Ilaria Vilkelis

Location: United Kingdom. Languages: Italian, English and French. All the expertise: Coach, Trainer, Facilitator, Speaker.

## My best story

"There I stood, clutching another one-way ticket - eager to discover where life would take me next..."

## **Overview**

Ilaria helps her clients improve how they lead their teams across the globe with clarity of vision, powerful communication and appropriate motivation. Focusing on strategy implementation to turn knowledge into action, she rapidly guides her clients to the core of the issue they seek to address by bringing clear process and structure to unravel even the most complex situations. An award-winning international speaker, Ilaria has a unique way to reach the heart of her audiences and her clients alike.

## **Areas of Expertise**

Executive coaching • Map change, overcoming resistance • Design thinking • Meeting facilitation • Online mastermind • Presentation skills

## **Licence to Practice**

Twenty moves, six different countries. Ilaria is a global citizen who can work across and beyond cultures. Generous, creative, unconventional, she is a maverick coach who draws from her multifaceted life experience and from her rigorous training to create memorable and powerful learning experiences. Highly trained in content-free coaching and facilitation, Ilaria is often appreciated for her use of metaphors which often trigger unforgettable insights. A certified executive coach, she holds a Master in Business Administration from Bocconi University and a Law Degree. Her accreditations include:

Certified NLP Coach & Master Practitioner – International Teaching Seminars (ITS) • Certified Executive Coach – (The Performance Solution) • Certified NLP Trainer & Master Trainer – NLP University • Psychometric instruments: MBTI Step I and II, Talent Dynamics

#### Satisfied clients, include

Novartis, SEB, Adecco, Cargill, Rockwool International, SAP, UPM Kymmene, Vodafone, Safran, IMD Business School, Ken Blanchard Companies.

# Three words that describe me

Creative | Thought-Provoking | Resourceful